

Summary of The Pre Marriage Course

St Nicholas, Sevenoaks

The Pre Marriage Course is for any engaged couple who want to develop strong foundations for a lasting marriage. Over five sessions spent together you will learn important tools that will enable you to make your marriage work.

It is for any engaged couple who wants to work at having the best possible start to their marriage. It doesn't matter how long you have been engaged - some couples have set a wedding date, while others have not. The Pre Marriage Course is based on Christian principles, but is open to all regardless of church membership. Many non-church couples have enjoyed the course in past years. The course takes place over five sessions, and is usually held in the local home of the married couple leading the course. There is also an additional session to discuss the results of the **Couple Survey Questionnaire** (see below).

Dinner - you will enjoy a candlelit meal in the home of the married couple leading the course. One or two other engaged couples may also be with you on the same course.

Talk and discussion – at each session a series of short talks are given, either live or using a DVD. Each talk is interspersed with opportunities for you and your fiancé(e) to talk through the issues raised as a couple. At no time on the course will you have to disclose anything personal to anyone else.

Couple Survey Questionnaire – you will also be asked if you would like to complete this questionnaire. The questionnaire will ask about different aspects of your relationship. It is not a compatibility test nor is it a predictor of whether your marriage will succeed or fail. It is though a very useful tool to help highlight any important issues that you would benefit from discussing further before you get married.

The current cost is £60 per couple for the 5 session course. This covers the cost of all meals and materials. An additional £10 per couple is payable for the Couple Survey questionnaire.

PLEASE NOTE: During lockdown in 2021 the Course will be run at no charge on Zoom with a pdf version of the Course Guest Journal (Manual) being emailed to participants. (A hard copy of the Guest Journal can also be purchased and collected from the St Nicholas Book Shop through Peter Cheesman at bookroom@stnicholas-sevenoaks.org